

Colonoscopy Insurance Benefits Information:

There are 2 types of colonoscopies:

1. **Diagnostic** (also known as medical)
2. **Screening** (also known as preventative or routine. Screenings are also classified as average or high risk.)

Diagnostic:

A diagnostic colonoscopy is performed for a patient with symptoms. For example -- constipation, diarrhea, weight loss, abdominal pain, rectal bleeding, anemia, history of colon polyps or cancer, hemorrhoids, etc.)

Screening:

Average risk screening- a patient that is at least 50 years old and has no past or current symptoms/ risk factors.

High risk or surveillance screening- a patient with risk factors or personal history of colon polyps and/or cancer, a family history of colon polyps and/or cancer, and certain inflammatory bowel diseases. The age of the patient would not apply. Due to your risk factor, your physician will recommend you have colonoscopies more frequently.

How does my insurance cover my colonoscopy?

A diagnostic or medical colonoscopy is generally subject to one's major medical benefits, deductibles, co-insurance and/or co-pays. These are performed as an outpatient procedure so checking your benefits for "outpatient surgery" will give you a better idea of what type of out-of-pocket expenses you may incur.

An average risk screening is generally covered by one's wellness benefits. Most (not all) insurance companies will cover this at 100%, once every 10 years and patient must be over the age of 50. **However, if during your screening colonoscopy a diagnosis is made, an additional procedure is performed and/or biopsy or specimen is collected, you may be responsible for out-of-pocket costs as a "diagnostic colonoscopy".**

A high risk or surveillance screening coverage is specific to your insurance company. Some insurance companies will cover these under wellness benefits and some will cover these under major medical benefits. Insurance companies DO NOT have to cover these at 100%.

*** THIS IS ONLY A GENERAL GUIDELINE OF INSURANCE COVERAGE FOR YOUR COLONOSCOPY BENEFITS. EACH INSURANCE COMPANY WILL VARY THEIR COVERAGE AND COSTS. ***

GALLIANO SURGICAL GROUP
18308 Murdock Circle Suite 108
Port Charlotte FL, 33948
P: 941-625-3411
F: 941-625-1792

DIET AND BOWEL PREPARATION FOR YOUR UPCOMING PROCEDURE

- THE DAY BEFORE YOUR PROCEDURE, YOU WILL BE ON A CLEAR LIQUID DIET FROM THE TIME YOU GET UP UNTIL MIDNIGHT.
- DO NOT EAT ANY SOLID FOOD.
- NOTHING TO EAT/DRINK AFTER MIDNIGHT THE DAY OF YOUR PROCEDURE.
- IF YOU ARE CURRENTLY TAKING BLOOD THINNERS, PLEASE SEE NEXT PAGE.

EXAMPLES OF CLEAR LIQUIDS:

Water/tea

Gatorade (**NO** RED/PURPLE)

Lemonade

Coffee (**NO** MILK PRODUCTS)

Clear soft drinks

Juice (**NO** RED/PURPLE)

Bouillon, consommé & broth

Popsicles (**NO** RED/PURPLE)

Jell-o (**NO** RED/PURPLE)

Hard candy

PREPARATION:

You will need to purchase the following:

- **3 Dulcolax Tabs**
- **8.3 oz net wt (238 g) container of Miralax**

1. At 10:00 AM, take all 3 Dulcolax tabs at one time.
2. At 1:00 PM, mix the whole 8.3 oz container with 64 oz (approximately ½ gallon) of a clear liquid of your choice. Try to finish this mixture over a 3-hour time period. Your stools should be clear and watery.

BLOOD THINNERS NEED TO BE HELD PRIOR TO ANY PROCEDURE.
PLEASE ADVISE IF YOU ARE TAKING ANY OF THE FOLLOWING:

OVER-THE-COUNTER MEDICATIONS		
Aspirin	Ibuprofen	Meloxicam
Garlic	Vitamin E	Naproxen
Fish Oil	CoQ10	

COMMONLY PRESCRIBED BLOOD THINNERS		
Coumadin	Brilinta	Plavix
Warfarin	Xarelto	Clopidogrel
Eliquis	Pradaxa	Celebrex
Voltaren (diclofenac)	Effient	Jantoven

**If you are unsure about any other medications you are taking,
please discuss with our providers/nurses.**

By signing below, you agree that you have received a copy of the **bowel prep instructions** and a list of **blood thinners**.

Patient: _____ Date: _____

Witness: _____ Date: _____